



Is the year that everything has to change for good to everybody, including Uechi Ryu Karate Do. The best way to have a new beginning is, to have a big party for all practitioners around the World. It could be the moment to do something special that everybody will remember as a big effort to unify our Karate Style forever.

Uechi Ryu Karate-do allows you to live in the past, the present and the future, all in one instant. The past spirits of the Masters that have done Karate-do before you lives through your movements. Kime allows you to feel as if time has stopped and to live in that moment. Training also affects the future, as your current training will somehow be passed on to those who are yet even born yet.

In this moment, somewhere in the world, there is someone training in Uechi Ryu Karate-do just like how somewhere in the world the sun is rising or the sun is setting, for every moment of your life, you are practicing Martial Arts. When you are sleeping (a good sleep), when you are eating (consciously eating good food) and most importantly; breathing, your training is within you as you are living.

Please think about these words and think about Kanei Uechi Sensei, 2012 could be real good for all of us, just be ready to build a strong energy and remember the past as a peace of History that will give us the future...

Regards to all,

Gustavo Gondra
Uechi Ryu World Cup Organizer
Argentina 2012